



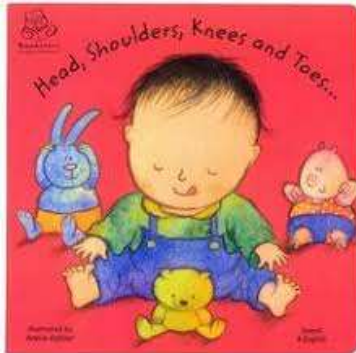
Hull City Council is working in partnership with the Dollywood Foundation



Head, Shoulders, Knees and Toes

Fun things to do!

Group 3



Head, Shoulders, Knees and Toes is a colourful book based on this popular song. Encourage your child to touch the correct parts of their body as you sing the song. Can they point to the head or shoulders of the children in the illustrations?



Use coloured paints to produce handprints and footprints. You can then count the number of fingers and toes on each. For older children you could count in multiples of 5 or 10

Making up songs and rhymes Be funny and add new parts of the body like 'eyes and ears and fingernails and nose'.



Counting There are lots of opportunities for counting when we teach children about the parts of the body. Talk about how they have one nose and one mouth, two arms and two legs & ten fingers and ten toes. When counting encourage your child to point at each item, in this case the part of the body, as they count. This is called 1:1 correspondence and is a very important stage in counting for young children.

Hull Museums

Look at all these heads, shoulders, knees and toes from the museum! Can you tear or cut them up and stick them back together to make a funny picture? Which museum are they from?



What is pitch?

Some instruments sound high.



Some sound low.



This is called PITCH

Warm up Activity

Can you stretch up really tall and sing a high note as long as you can? Wiggle your fingers as you as sing!

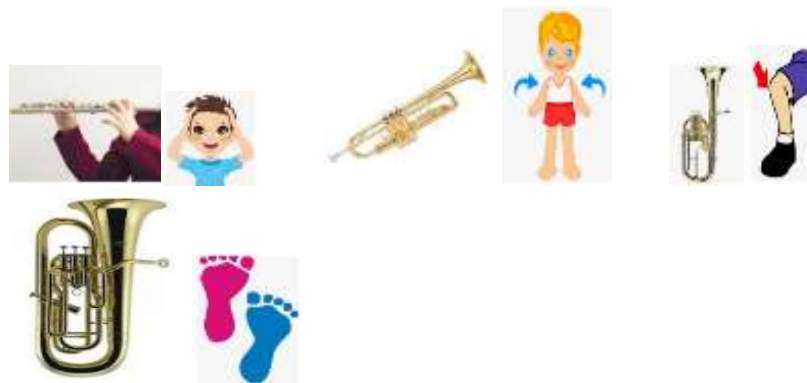
Can you reach down to your toes and sing as low as you can go? Tickle your toes as you sing!



Video support:

We'll hear 4 different instruments which all have different pitches, starting with the highest and moving to the lowest: flute > trumpet > horn > euphonium.

Each instrument represents a part of the song, head is flute, shoulders are trumpet, knees are horn, and toes are euphonium.



Now watch the video and have fun joining in!

Song idea:

Miss out a word for each verse and just do the action! For example, miss out singing "head" but just tap your head, then miss out "head" and "shoulders" but just do the actions. Have fun!